

CHECKLIST

PERSONAL PROTECTIVE EQUIPMENT (PPE)

A Personal Protective Equipment (PPE) checklist can help ensure the safety of individuals in various work environments. The specific items on the checklist may vary depending on the nature of the work.

☐ **Head Protection:**

- ☐ Hard hat or helmet
- ☐ Bump cap (for minor head protection)

☐ **Eye and Face Protection:**

- ☐ Safety glasses or goggles
- ☐ Face shields
- ☐ Welding helmets (if applicable)

☐ **Hearing Protection:**

- ☐ Earplugs
- ☐ Earmuffs

☐ **Respiratory Protection:**

- ☐ N95 respirators (for dust, fumes, or infectious particles)
- ☐ Half-face or full-face respirators (for chemical or hazardous substance protection)
- ☐ Cartridges and filters (if applicable)

☐ **Hand Protection:**

- ☐ Gloves (varies by type of work: leather, latex, nitrile, etc.)
- ☐ Cut-resistant gloves (if handling sharp objects)
- ☐ Heat-resistant gloves (if working with hot materials)

☐ **Body Protection:**

- ☐ Lab coats or coveralls (for general protection)
- ☐ Chemical-resistant suits (if handling hazardous chemicals)
- ☐ High-visibility vests (for visibility in high-traffic areas)



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☐ **Foot Protection:**

- ☐ Steel-toed safety boots or shoes
- ☐ Chemical-resistant boots (if handling hazardous chemicals)
- ☐ Slip-resistant footwear (for areas with slippery surfaces)

☐ **Fall Protection:**

- ☐ Safety harness
- ☐ Lanyard
- ☐ Anchor points (if working at heights)

☐ **Skin Protection:**

- ☐ Sunscreen (for outdoor work)
- ☐ Insect repellent (if working in areas with pests)

☐ **First Aid Supplies:**

- ☐ Basic first aid kit
- ☐ Eyewash station (if working with chemicals)
- ☐ Emergency shower (if working with hazardous materials)

☐ **Specialized Equipment:**

- ☐ Conduct an orientation on company policies, including the employee handbook.

☐ **Safety Training**

- ☐ Radiation shields (if working with radiation)
- ☐ Fire-resistant clothing (for firefighting or welding)

☐ **High-Visibility Clothing:**

- ☐ High-visibility vests or clothing (for work near roadways or in low-light conditions)

☐ **Other Specific PPE:**

- ☐ Aprons (for protection against splashes)
- ☐ Respiratory masks (e.g., N95, N99, or P100)
- ☐ Hearing protection for loud environments (e.g., construction sites)